

PartnerSHIP 4 Health is:

- ◆ A collaboration of community partners in Becker, Clay, Otter Tail, and Wilkin Counties working to *reduce costs* associated with chronic disease and *improve the health* of our residents through preventive strategies that support sustainable changes in our schools, communities, worksites, and health care settings.
- ◆ A component of the overall health care reform initiative passed by the 2008 MN State Legislature.

Contact Us

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PartnerSHIP4Health aims to:

- ◆ Help Minnesotans live longer, healthier, better lives by preventing risk factors that lead to chronic disease.
- ◆ Save lives by reducing obesity and tobacco use and exposure.
- ◆ Enhance patient experience and contain the rising cost of healthcare.



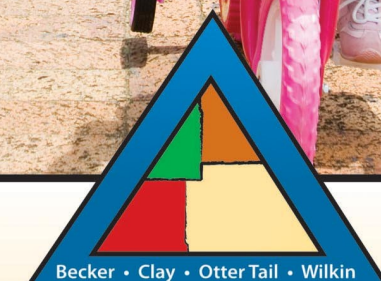
PartnerSHIP4Health reduces obesity and tobacco use by:

implementing evidenced-based strategies to make policy, system, and environmental changes in four settings:

School
Worksite
Community
Health Care

health reform
MINNESOTA
SHIP 1 Statewide Health Improvement Program

Charting a course for good health



PartnerSHIP 4 Health



Policy Change: A change in laws or regulations, such as creating tobacco free public places or providing time off during work hours for physical activity.

System Change: A change in organizations, such as school districts offering healthy snacks or health system redesign so that tobacco use, nutrition, and physical activity are addressed at every visit.

Environmental Change: A change in decisions about land use, zoning, and community design, such as creating neighborhood access to healthy foods and sufficient opportunities for activities such as walking and biking.

PartnerSHIP4Health Strategies & Support:

Healthy Schools

- Farm to School & Farm to Fork
- Creating healthy a la carte options, snack carts, school stores, concessions, vending machines, food rewards, food as fundraisers, food at celebrations and parties.
- Safe Routes to School: Increase safe opportunities for walking, biking to and from school
- Active classrooms & active recess

Community Setting

- Opportunities for walking, biking, transit and land use planning

Tobacco-Free Environments

- Tobacco-free Campuses: Includes cessation services, non-acceptance of tobacco industry funding, and eliminating tobacco industry sponsorship on campus
- Smoke-free Multi-unit Housing: Includes connecting residents to cessation services

Comprehensive Worksite Wellness

- Healthy Food
- Physical Activity
- Tobacco-free Worksite

Healthcare Setting

- Prevention in Healthcare: Grantees choosing to address prevention in health care must complete steps 1, 2, and 3 in order, then proceed to step 4.

1. Screen
2. Counsel
3. Refer
4. Follow-up

Breastfeeding-Golden Start

Screen, Counsel, Refer, Follow-up
Business Support



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